



Vital Aging Network

University of Minnesota
Crookston

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Vital Aging Network

MISSION

To promote self-determination, community involvement, and personal enrichment for and with older adults through education and advocacy.



Vital Aging Network

Vision

VAN models the change needed in our communities

Older adult talent is maximized
for greater good
for individual good

Vital agers lead VAN

Partnerships to advance vital aging



VAN CORE VALUES

- Self determination is central for the realization of civil and human rights.
- Everyone should be encouraged and supported in being as self-sufficient as possible.
- Involvement and integration of older adults in communities is necessary for individual and community health.



VAN CORE VALUES

- Older adults are a community resource. Their productivity and contributions must be recognized, encouraged and supported.
- Communities should recognize and support the mutuality of interests across generations.
- Ageism is a pervasive form of bigotry that must be challenged.



WHO VAN IS WHAT VAN DOES

Identity
Statement

The Vital Aging Network (VAN) helps older adults build their individual and civic capacity to foster vital communities

Working definition:
A vital community engages all generations in working to find the right balance between meeting individual needs and meeting the needs of the community as a whole.

PROGRAM AND PRACTICES

Developing and disseminating information that helps older adults live vital lives and be contributing members of society

Statewide/Regional/National Programs

VAN Bulletin

Website

Vital Communities Toolkit

Community-based Programs

VAN Forums

ALVA Leadership Development

Speakers Bureau

Developing the capacity of older adults to provide civic leadership to foster vital communities

Leadership Project

Leadership Project

Local Community Initiatives

National Community Initiatives

State Community Initiatives

Vital Communities

Evaluation and Feedback Loop

www.vital-aging-network.org



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