

**Vital Aging Network Meeting**  
**Tuesday, September 23, 2008**  
**10:00 a.m. to 12:00 p.m.**  
**U of MN Crookston Student Center**  
**Bede Ballroom**

**AGENDA**

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|---------------|--|----------------------------|
| 1) 10:00 a.m. | Welcome and Introduction   | Judy Neppel, R.N. MRHA     |
| 2) 10:10 a.m. | Vital Aging Network (VAN)<br>VAN helps older adults build their individual and civic capacity to foster vital communities  | Mark Skeie , VAN Chair     |
| 3) 10:30 a.m. | VAN's Vital Communities Toolkit<br>An on-line resource that addresses what is needed for vital communities: surveys, questionnaires and assessment tools; and MN and national best practice models   | Tom Hyder, VAN Coordinator |
| 4) 10:50 a.m. | Panel: Best Practices, Barriers, Benefits, & Next Steps<br>Bonnie Stewart, City of Fosston Plans<br>Darla Bergquist, Progress Park Rapids<br>Dr. Jack Geller, President, MN Rural Health Association<br>Danica Robson, Director, Land of Dancing Sky AAA |                            |
| 5) 11:30 a.m. | Networking Opportunity and Idea Sharing<br>Small group discussions focused on:<br>Best Practices; Barriers to Success; Next Steps<br>Participants can complete a vital community survey from the VAN Toolkit   |                            |
| 6) 11:45 a.m. | Reports from Networking Discussions  |                            |
| 7) 11:55 a.m. | Closing Remarks  | Judy Neppel, Danica Robson |
| 8) 12:00 p.m. | Adjourn  |                            |